



# Bark of the "C" Lion & District Governor's Newsletter

*"Dreams Motivate Visions"*

8Volume 43, Issue 10

June 5, 2011

District 24-C

## District Governor's Message

Lions, Lioness Lions, Lionesses and Leos,

To start off, I want to thank you for allowing me to be your District Governor for the past year. Even though I did not meet my goals on membership or new clubs, it is a year I will never forget. I truly enjoyed meeting new faces at the meetings I attended, talking with each of you, and learning what your clubs are doing at the District Level. With what all of you are doing in your communities, the District can be proud of all of the clubs in 24-C.



I want to give my sincere apology for the way the election

for International

Director went. We had a mistake that had to be rectified. But now we need to put this behind us and move forward.

Again I want to thank each of you for your support in this high office, and I will think of each club and person often and fondly. I will be staying busy at the District Level so I hope to see all of you soon and hopefully a good many of you at the International Convention in Seattle during the month of July.

Yours in Lionism,

Ray McDonald  
District Governor 24-C

**" DREAMS MOTIVATE VISIONS "**

**New 24C Lions and Lionesses**

**Bark of the "C" Lion and District Governor's Newsletter**

**Ray McDonald** ..... District Governor  
**Pat Isaac** ..... 1<sup>st</sup> Vice District Governor  
**Sharon Hart** ..... 2<sup>nd</sup> Vice District Governor  
**Ken Quantock** ..... Cabinet Secretary  
**Phil Sharpe** ..... Cabinet Treasurer  
**Tom Lominac and Richard Lorette** ..... Editors  
**Charlie Holloway and Jim Jimenez** ..... Photos

"The Bark of the 'C' Lion and District Governor's Newsletter" is the official publication of Lions District 24-C. It is an instrument for publicizing the activities of your club to Lion, Lioness and Leo members throughout the District and state. Please feel free to submit for publication articles and pictures of interest about your club's fund-raising, community activities, and social events.

All correspondence should be addressed to Tom Lominac, 1224 Cherry Avenue, Buena Vista VA 24416  
[lominactc@comcast.net](mailto:lominactc@comcast.net)

| Club             | New Lion        | Sponsor                 |
|------------------|-----------------|-------------------------|
| Basye/Bryce Mtn. | Jerry Fee       | Ray Lloyd               |
| Madison County   | Richard Schmidt | transfer from Mendon MA |
| Stephens City    | William Headley | Michael Morrison        |

**Club Secretaries**—please remember to list new members and sponsors on the online 24C Monthly Membership form, so that they can be published in the Bark. *If you are not submitting electronically, please forward this information to the editor.*

**Fellow Lions,**

I want to thank all of you who came to the State Convention and voted to give me the honor and privilege to lead you this coming year, 2011-2012. I have asked many good Lions to volunteer for my cabinet and with their help and the Lions of 24-C, we will continue to be one of the best Districts in Virginia.

Just to give you a synopsis of the Convention. Our Constitution and By-Laws amendments for a change in the application process of Council Chairman or our dues increase did not pass. With declining membership, it will be hard for each District to get a working budget. I know you've heard it before, but we need to get new members, not only to have helping hands to be able to continue our service projects, but to give the current hard working Lions a little breathing room.

We had good fellowship ,food and music in the hospitality rooms and the Bland Contest contestants were excellent. I'm glad I was not a judge!!

Thank you again for your vote of confidence.

Yours in Lionism,  
 Pat Isaac, DG-E

**SAHMSU 12 Month Event Schedule as of May 31,2011**

| Start Date     | End Date        | Club Name/Event          |
|----------------|-----------------|--------------------------|
| 10 June 2011   | 10 June 2011    | Weyers Cave Lions        |
| 11 June 2011   | 12 June 2011    | Winchester Shawnee Lions |
| 13 July 2011   | 15 July 2011    | Lions of nelson County   |
| 21 July 2011   | 24 July 2011    | LAMP/RAM                 |
| 5 August 2011  | August 2011     | Charlottesville Lioness  |
| 14 August 2011 | 21 August 2011  | Clarke County Lions      |
| 18 Sept 2011   | 7 Oct 2011      | Basye/Bryce Mtn. Lions   |
| 1 Oct 2011     | 2 Oct 2011      | Rivanna Lions            |
| 8 Oct 2011     | 8 Oct 2011      | McGayesville/Massanutten |
| 9 October 2011 | 22 October 2011 | Lake of the Woods Lions  |

To schedule an event or questions please contact Lion Mars Champaign by e-mail [mchampaign@ntelos.net](mailto:mchampaign@ntelos.net) or call (540) 949-4525

PLEASE NOTE: Those wishing to make a reservation need to have TWO qualified technicians for each event (in rare cases, an exception may be made by the scheduler in consultation with two SAHMSU directors).

*"WE'RE INVOLVED"*

**Lake of the Woods  
LIONESS CLUB**

*Compliments of the*

**CHARLOTTESVILLE HOST LIONS CLUB**

*HOME CLUB OF*

**DG Don Colley  
 PDG Francis V. Riddick\*  
 PDG Dick Ergenbright\*  
 PDG Orrin Larson  
 PDG Joe Hannemann  
 PDG Julian Lingle\***

**BLACK & MORRIS**

INSURANCE AGENCY  
 P.O. Box 5  
 Broadway, VA 22815

PHONE (540) 896-7085

Column has been prepared by Jan and Dick Lorette from P&A Reports received prior to May 16, 2011 - including some received earlier.

**AUGUSTA** (029102) (April) - **PROGRAMS:** On 4/5 DG's Annual Official Visit. DG Ray McDonald spoke to us about the importance of a Lions Club to our community. On 4/15 we had our Charter night celebration with 34 members and 41 in attendance. Donna Lou was our entertainment. **FUND RAISERS:** On-going broom sales netted \$610. We sold Ads for Blue grass Concert to earn \$1645. We received memorial donations for Ken & Bob Rose. We got another \$100 for selling LOVF raffle tickets. We also collected \$2659.92 for White Cane Days at Kroger's and Walmart on April 1&2, 2011. **SIGHT SERVICES:** Paid \$250 for glasses and eye exam. **HEARING SERVICES:** none. **ENVIRONMENT:** Highway Cleanup on April 2, 2011. **YOUTH SERVICES:** Some of the glasses were for youth. We also donated \$100 to the local H.S. for after prom party. **COMMUNITY SERVICES:** none. **DIABETES AWARENESS AND EDUCATION:** none. **INTERNATIONAL RELATIONS:** none. **HEALTH SERVICES:** none. **Average Monthly Attendance:** 86%

**BATH COUNTY** (009225) (April) - The Club reported for April, but there was no data except that attendance is 50%.

**BASYE BRYCE MOUNTAIN** (042394) (April) No report received by deadline.

**BUENA VISTA** (009227)(April) - No report received by deadline.

**BROADWAY** (009226) (April) - **FUND RAISERS:** 4-9-11-- White Cane Day was worked by nine Lions for a total of 18 hours, at 3 locations, where we collected \$ 225.49 Annual vacation party was scheduled for April 30th as our biggest fundraiser. **OTHER:** On 4-12--Dist. Gov. Ray made his official visit along with Lion Miki and Zone Chair. Mary Propst. We enjoyed their visit. Nominating board announced their slate of officers and was 2nd. On 4-26---Club Voted on officer slate as read--Whit Grandle, Pres., Dawn Turner 1st VP, John Knepper 2nd VP, Vivian Turner 3rd. VP., Donnie Turner Sec., Dan Fraser Treas., Jesse Mitchell Lion Tamer, Jerry Grandle Lion Tamer, Ken Brown-Kitty Land 2<sup>nd</sup> yr. Dir., Elaine Long-Gene Stultz 1st yr. Dir. John Knepper Mem. Chair., and Past Pres. Tim Land.

**CHARLOTTESVILLE HOST** (009228)(April) - **FUND RAISERS:** White Cane Days April 28-29, 2011, 14-Lions worked 20-Hours, to collect \$581. **COMMUNITY SERVICES:** Soup Kitchen-2-Lions worked 25 Hours. There was a Piano Sing-A-Longs 1-Lion worked 25-Hours **OTHER:** Held 2011-2012 Club officers election. Filed LCI and 24-C PU 101's 4-7-11. Our President and Secretary elect plus 1-VP and 1 Member attended the District Leadership school on 4-30-11 in Stanardsville VA. **Average Monthly Attendance:** 91.

**CHARLOTTESVILLE LIONESS** (68812) (April) - **PROGRAMS:** DG Ray McDonald visited this month and spoke on community service and membership. **FUND RAISERS:** Two members worked Belk Charity Day. Belk will mail check for donations to the club. Four members collected for White Cane collecting \$172.37. The second day was rained out but will be held later. **SIGHT SERVICES:** The Club collected 260 pairs of eyeglasses, 56 pairs of dark glasses and 10 pairs of misc./metal frames. These will be taken to State Convention. The club purchased five pairs of glasses for local citizens at a cost of \$250. Two members volunteered seven hours to this. **COMMUNITY SERVICES:** 6 members volunteered 25 hrs to shut-ins & seniors, 2 members volunteered 4 hrs to handicapped, 1

member volunteered 25 hrs to American Cancer Relay, 1 member volunteered 4 hrs. to soup kitchen, 4 members volunteered 48 hrs to homeless. **HEALTH SERVICES:** 2 members volunteered 4 hours to Free Clinic and one member worked a Wellness Fair for 13 hours. **Average Monthly Attendance:** 95%.

**CHARLOTTESVILLE TJ** (009229) (April) - **PROGRAMS:** DG Ray McDonald made his official visit April 27. **FUND RAISERS:** So far this year we have raised \$17,242 for our charity fund. We still have three or four moneymaking projects in the last two months of the year. Our pecan sale netted \$1806. Our approved budget was \$15,250. \$12,750 has been paid to 28 local and Lions charities. Funds for eyeglasses and hearing aids remain and \$1,500 will be given to the UVA Children's Hospital next month. Another \$1,000 has been donated over budget to meet various needs in the community. **SIGHT SERVICES:** A \$100 donation was approved for the Council of Blind Lions. **COMMUNITY SERVICES:** \$200 was donated to the Love Inc. Food Fund and \$200 was donated Church of the Incarnation Outreach Food Fund. **Average Monthly Attendance:** 97.

**CLARKE COUNTY** (009230) (April) - **PROGRAMS:** On 7 April: DG Lion Ray McDonald visited the club. Club elections were also held. On 21 April: Richard Stromberg, Northern Shenandoah Valley Master Gardener, gave an informative presentation on the positive and negative impacts of non-native plants in our parks, gardens, and flower beds. He made us think as he explained the impact on birds, butterflies, wild life, livestock, and most importantly ourselves. **COMMUNITY SERVICES:** Not only are Clarke County Lions collecting eye glasses, we are also collecting travel size cosmetics. These cosmetics are taken to the Salvation Army Homeless Shelter. On Sunday 17 April, two full boxes of cosmetics were delivered.

**CROZET** (009234) (April) - **FUND RAISERS:** The Crozet Lions presented their 72nd annual Variety Show on April 8 and 9. This year's theme was a Spring Break Cruise. This event is the largest fundraiser of the year and nets over \$5,000 for the club's sight, hearing, and community initiatives. Nearly every member of the club participates. **SIGHT SERVICES:** Two Crozet Lions traveled to various locations to continue SAHMSU Technician Training. Crozet Lions would like to thank the Front Royal Lions Club, Lake of the Woods Lions Club, Louisa County Lions Club, and Rivanna Lions Club for welcoming and helping them. **OTHER:** Crozet Lions are proud to serve with Lion Ben Hurt. Lions International honored Lion Ben with a letter and pin for serving 65 years in the Lions Club. **Average Monthly Attendance:** 85%.

**EDINBURG** (009236)(April) - No report received by deadline.

**ELKTON** (009237) (April) - **PROGRAMS:** At a regular meeting on Tuesday, April 12, we voted to donate to East Rockingham H.S. \$100 for Boys State. We had the first reading of the slate of officers for 2011-12. We had 2 guests from the McGaheysville Massanutet Club, Pres. Ken Keller and his wife, Lion Sandy. We elected our officers for 2011-12 by acclamation. **FUND RAISERS:** We set up days April 15 and 16 for White Cane solicitation. The date for White Cane was changed at our April 26 meeting due to inclement weather; we collected \$262 in donations.

**FRONT ROYAL** (009239) (April) - **PROGRAMS:** Lions from the Lake of the Woods Lions Club presented a program on the Lions Sight and Hearing Unit. **FUND RAISERS:** Profit from the Cash Party was \$3,387. **COMMUNITY SERVICES:** Lions Mike McDermott, Jim Wells, Jim Kenney and Arnold Williams participated in the Day of Caring. They worked on projects to

help the needy in the community, including adding insulation to a crawl space, staining a deck, and hauling trash from several yards. Lion Arnold Williams was the co-leader for this community project. **Average Monthly Attendance:** 95.

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**GORDONSVILLE** (009241) (**April**) - **PROGRAMS:** On 4/12/11 we had a Safety Program - Brian Huffman, member, gave the program. On 4/26/11 we held our 57th Charter Night - PID Wayne Davis was our guest speaker. **FUND RAISERS:** Our Annual \$1,000 giveaway raffle netted \$2,125 for the Club. **SIGHT SERVICES:** furnished eye exams and glasses for two people at a cost of \$234. **COMMUNITY SERVICES:** Contributed \$240 to TRIAD - a local group who provides monitors for people who like to wander away from nursing homes. The monitors track the whereabouts of the people so they can be found safely. We also donated \$200 to the Gordonsville Fire Department. **OTHER:** Incoming President and Secretary attended District Officers school that was held on April 30th. Incoming President and three other members will attend State Convention. **Average Monthly Attendance:** 50.

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**HARRISONBURG** (009244) (**April**) - **SIGHT SERVICES:** We paid \$75 for eye exams for 3 people. We also paid \$220 for 4 pairs of eyeglasses. The Club paid \$300 for a vision teacher for a disabled person. And, the Club also paid \$500 for hearing aids for an infant. State Dues--Date Paid: VIRGINIA.

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**LAKE OF THE WOODS LIONESS** (741320) (**April**) - **PROGRAMS:** At our April dinner meeting, the District Governor was our guest. We also inducted four new members and presented four scholarships of \$1,000 each to four single mothers pursuing nursing degrees at Germanna Community College. **FUND RAISERS:** Final figures are now in on our annual flea market that was held in late March. The flea market itself earned \$1,515.34; in conjunction with this event, the book sale earned \$1,380.40 and the bake sale \$460. **SIGHT SERVICES:** We continue to volunteer twice a week at the eyeglass recycling center located at Lake of the Woods. **ENVIRONMENT:** We continue to encourage clients of the Food Pantry to utilize the canvas shopping bags we provide. **COMMUNITY SERVICES:** We assist the Lions in staffing the Food Pantry, as well as picking up and delivering food items. Additionally, LOW Lionesses provide knitted caps for the newborns at Mary Washington Hospital in Fredericksburg. **State Convention:** Attending will be our Club Secretary.

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**LAKE OF THE WOODS** (41320) (**April**) - **PROGRAMS:** Our Hearing Program for the year was on April 7th. The speaker was Cheryl Becker from Better Hearing of Virginia. She spoke on the benefits of having hearing aids and ways you can lose your hearing. At the April 21st meeting we welcomed 2 new members: Larry Eiben and a transfer from Vienna Host Lions Club, George Lovelace. Both of these members will be an asset to our club. **FUND RAISERS:** The Yard Sale Committee gave a presentation to the membership on transforming our yard sale from a one day yard sale to a year round yard sale. Lion Skip Poole presented a check for \$2160 from the proceeds of the Lions sponsored cruise to the Bahamas. **SIGHT SERVICES:** April 16th five of our SAHMSU technicians traveled to Front Royal for the annual Health Fair at the high school where 42 people were screened for sight and hearing. Eyeglass Recycling Center for the month of April had 22 Lions working for a total of 203 hours sorting, cleaning and reading lenses. Each Wednesday we had a visiting Lions club helping with the recycling. Each club put in 3 hours for a total of 12 extra hours. **HEARING SERVICES:** In April the Hearing Committee presented a power point presentation "Noise and You" to 345 fourth grade students in Orange County. Also our annual Hearing Program was given to the general membership on April

7th. **COMMUNITY SERVICES:** Lion Bob Sherba reported for the month of April the medical equipment team of 15 volunteers worked 57 hours serving 51 residents at LOW with loaned medical equipment. **HEALTH SERVICES:** Four volunteers from our blood pressure committee took blood pressure readings on 18 local residents. **Average Monthly Attendance:** 60%.

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**LXINGTON** (009245) (**April**) - **PROGRAMS:** On Apr 5: Planning for festival, and on Apr 25: Partial financial report on Celtic Festival. **SIGHT SERVICES:** Workers completed installing equipment at the Rockbridge Free Clinics.

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**LIONS OF NELSON** (010697) (**April**) - **SIGHT SERVICES:** For a period of 6 weeks April-May, students have been participating in gardening activities at Tye River Elementary School. The Lions of Nelson constructed several raised vegetable beds last spring for students to grow plants. Dirt was finally delivered this spring. Students have planted lettuce, potatoes, cucumbers, squash, peppers and tomatoes. Each Wed. afternoon, a garden club member has stayed after to learn about the growing process. Students helped to construct an indoor grow station for seeds provided by the Lions of Nelson. Plants not used at the school will be sent home with students. Snacks and drinks were provided for the garden club on two separate occasions. The students ate vegetable chips made from carrots, squash, potatoes and okra with hummus. Impressively, there were no leftovers. They also made edible mud with pudding, chocolate cookies and gummi worms. One teacher has planted a plot for her preschoolers to grow their own salad. They even made personalized garden signs. The Lions of Nelson have challenged the Lynchburg Lions Club to provide a matching donation of \$200 to a 4 year old visually impaired child in need of special equipment. Lion Teresa West discovered an ad seeking donations for a yard sale to held May 14th to generate needed funds. The Lions of Nelson will be conducting their second annual rummage sale on May 7. Items not sold will be contributed to this young girl's sale to be held on May 14. **ENVIRONMENT:** For 6 weeks in April-May, students have been participating in gardening activities at Tye River Elementary School. The Lions of Nelson constructed several raised vegetable beds last spring for students to grow plants. (See details above.) **Average Monthly Attendance:** 70.

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**LOUISA COUNTY** (009246) (**April**) - No report received by deadline.

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**LURAY** (009247) (**April**) - **PROGRAMS:** Our April 21 meeting was the official visit by DG Ray McDonald who brought his annual message to the club, following his introduction by Zone Chairman Gary Hottle. **FUND RAISERS:** Casino Nite chairman, Jim Burner, reported at April 7 meeting that the club had netted \$1985.69 from this annual event. At our 4/21 meeting, Sight Chairman Chuck Butler noted that White Cane would be held soon, but he was encountering some scheduling problems with the local Walmart. **SIGHT SERVICES:** At our April 7 meeting the club approved a donations of \$80 (\$4 per member) each to 24-C Leader Dog, Lions Va. Sight Foundation, 24-C Sight & Hearing Mobile Screening Unit and the Project for Canine Companions. At the April 21 meeting the also approved six applications for sight assistance (eyeglasses) for total expenditure of \$369. **HEARING SERVICES:** At the April 7 meeting the club approved a donation of \$200 (\$10 per member) to Va. Lions Hearing Foundation. **YOUTH SERVICES:** At our April 7 meeting the club approved donations of \$80 each to 24-C Youth Exchange and to 24-C Bland Contest and also a donation of \$1,000 for annual Lions scholarship award for graduating senior at Luray H.S. At the April 21 meeting the club approved our usual annual donation of \$1,000 to the local Boy Scout Troop 100, for its annual registration fees and other expenses.

**COMMUNITY SERVICES:** At our April 7 meeting the club approved donations of \$80 each to Luray Regional Center for the Performing Arts and to Page County Habitat for Humanity. **DIABETES AWARENESS AND EDUCATION:** At April 7 meeting the club approved a donation of \$80 to 24-C Diabetes Awareness. **INTERNATIONAL RELATIONS:** At the April 7 meeting our club approved \$80 donations each to LCIF and to the Lions of Virginia Foundation. **OTHER:** At the April 7 meeting the club re-elected as 2011-2012 officers: Grayson Markowitz as president, Chuck Butler as VP, Dale Houff as secretary and Greg Stiles as treasurer, all of which has been otherwise reported to District 24-C and International as required. **Average Monthly Attendance:** 80.

**MCGAHEYSVILLE/MASSANUTTEN** (052780) (April) - No report received by deadline.

**MADISON COUNTY** (009248) (April) - **PROGRAMS:** Apr 12 - Pres. Dave Allen, who is also a member of the county board of supervisors, spoke on the local budgeting process then opened the floor to a lively discussion. On April 26 - Program by Peggy Law of Service Dogs of Virginia on training dogs for people with diabetes - to detect high blood sugar. **FUND RAISERS:** Continued activity calendar project. Heirloom tomato plant sales in full swing and going well. International Dues were paid in Jan 2011 in the amount of \$593. State Dues were paid in Dec 2010 in the amount of \$448. **Average Monthly Attendance:** 98.7.

**MIDDLETOWN CHILDRENS FIRST** (068683) (April) - **YOUTH SERVICES:** 13 Pre-school children 9 parents/grandparents and 2 babies in arms attended our "Little Lions" work session. We prepare the pre-schoolers for kindergarten with stories, music, games, crafts and snacks. We sharpen their motor skills and teach them shapes, letter and number recognition, social behavioral skills and other skills they will need for kindergarten. Regional Meeting: VA. **Average Monthly Attendance:** 97.

**MONTEREY** (009250) (April) - **PROGRAMS** -Regular Meeting was held on April 11, 2011 with a visit from our District Governor and Zone Chairman. We held a Directors Meeting on April 25, 2011. **FUND RAISERS:** We held two nights of Community Bingo. **SIGHT SERVICES:** We sent 28 pair of glasses to Roanoke eyeglass recycling facility. **COMMUNITY SERVICES:** Members participated in a health fair at the Highland Medical Center. Several members delivered Meals on Wheels. **HEALTH SERVICES:** See above-Community Services. **Average Monthly Attendance:** 90%.

**MOUNT JACKSON LIONESSE** (709251) (April) - **PROGRAMS:** Visit by DG Ray McDonald, PDG, Wayne Davis, Zone Chairman, Gary Hottle and Lioness Chairman Doris Lanham and Lion Earl Foreman.

(May) **PROGRAMS:** Wilhelmina Santiful performed a song she learned from attending our host church and told a story about her experience at a gathering there.

**NEW MARKET**(009252) (April) - **SIGHT SERVICES:** We have received requests for eyeglass/exam assistance from four individuals. **COMMUNITY SERVICES:** We held our semi-annual road cleanup on 18 April. Thanks to Lions Gary Cunningham, Julian Jenkins and Gordy Farrey for participating. %. **OTHER:** Election of officers was held on 11 April, 2011. **Average Monthly Attendance:** 75

**RIVANNA** (60364)(April) - **FUND RAISERS:** Planning has been on-going for the yearly Golf Tournament scheduled for May 14th. Lion Ron Whatley has everything in place for a successful event. **SIGHT SERVICES:** Rivanna Lions paid \$85 for one needy individual for an eye exam and glasses. **HEARING**

**SERVICES:** Rivanna Lions contributed \$200 for hearing aid assistance. **YOUTH SERVICES:** The weekly back packing was held on the following dates: on April 7th we had 4 Lions participate; on April 14th again, 4 Lions participated; and on April 28th we had 6 Lions participate. Hours involved were 28. Each week 225 back packs are filled. **Average Monthly Attendance:** 50%.

**SCOTTSVILLE** (009254) (April) No report received by deadline.

**STANLEY** (009256) (April) - No report received by deadline.

**STAUNTON** (009257) (April) - **PROGRAMS:** A Memorial Dinner was held on April 7, 2011 with 13 members present. Pastor Luke Smith of Linden Heights Baptist Church conducted the service and as each deceased members name was read, comments were given about each. Our Charter night was held on April 21, 2011 and Daydreams presented a medley of songs from '40s, '50s, and '60s. *This was the Club's 70th Charter Night being chartered in 1941.* **SIGHT SERVICES:** Photo screening was done at 2 schools with Lions Chris Waldrop and Mack Swift in charge. The remainder of the schools will be completed the week of April 25 thru 29th. A total of 5 Lions helped and the wife of one Lion helped for a total of 2 hours each per person, or 12 hours. **COMMUNITY SERVICES:** Valley Mission of Staunton was the recipient of the LOVF Humanitarian Award this year and will be presented a plaque when it is received. The Augusta Regional Free Clinic was sent a check for \$350 to cover glasses and exams.

**STEPHENS CITY** (009258)(April) - **PROGRAMS:** Held a program on the Concern Hotline in Winchester Va. which helps individuals in crisis situations via telephone. **FUND RAISERS:** Shrimp Feast was held, netting about \$6,200 for the club. Apple Blossom chair sales netted about \$3,200 for the club. **SIGHT SERVICES:** Eye Glasses: 2; Exams: 1; Recycling 86. **COMMUNITY SERVICES:** We donated \$2400 to various community organizations.

**STRASBURG:** (009259) (April) - **PROGRAMS:** Apr. 5 - Strasburg Police Chief Tim Sutherly distributed calendars commemorating the 250th Anniversary Celebration of the founding of Strasburg and featuring persons who have served as Chief of Police over the years. He also answered questions concerning past, present and future plans for the police department. **HEARING SERVICES:** Turned in used hearing aid to Hearing Aid Services of Winchester. **YOUTH SERVICES:** Contributed \$150 to the Strasburg H.S. FFA Soils Judging Team. We also contributed \$300 to Strasburg Little League team. **OTHER:** On April 19 we held the annual election of officers. **Average Monthly Attendance:** 83.3.

- **TIMBERVILLE** (009261) (April) - **PROGRAMS:** On 4-7-11-Dennis Coffman presented a program of information about Rockingham Memorial Hospital, our new hospital. On 4-21-11-Two Lions made a visitation from Stephens City Lions Club; Club Officers were elected for year 2011-2012. **FUND RAISERS:** On 4-8,9-11 we held our White Cane Project- \$367. **SIGHT SERVICES:** Paid Colonial Optical \$55 for eyeglasses for 1 person. **OTHER:** Dropped 2 Members at Large for non attendance and personal request. **Average Monthly Attendance:** 65%.

**WAYNESBORO** (009262) (April) - **PROGRAMS:** On 4-12 Marcus Thompson, spoke on the Boys and Girls Club of Waynesboro, Staunton, Augusta County. On 4-26 Rhonda Howdyshell, did a program on Habitat for Humanity. **FUND RAISERS:** On 5-21-22 we held our White Cane Days. Then on

8-13 we had our Shrimp Feast for Sight. **SIGHT SERVICES:** Received new vision testing camera purchased jointly with Augusta Lions. On 5-19 SAHMSU testing was done at Waynesboro Senior Center. **H EARING SERVICES:** On 5-19 SAHMSU was taken to the Waynesboro Senior Center. **YOUTH SERVICES:** Funding a scholarship to Camp Holiday Trails for a diabetic Waynesboro student. **DIABETES AWARENESS AND EDUCATION:** See Youth Services above. **Average Monthly Attendance:** 79%.

**(May) PROGRAMS:** On 5-10-11 we held a Membership meeting. On 5-24-11 Membership meeting. **FUND RAISERS:** On 5-20-21 the club held White Cane days. **SIGHT SERVICES:** On 5-19-11 SAHMSU testing was done at Waynesboro Senior Center. **HEARING SERVICES:** 5-19 11 SAHMSU testing at Waynesboro Senior Center. **Average Monthly Attendance:** 68.

**WEYERS CAVE ( 043724) (April) PROGRAMS:** Terry Heder spoke on the Shenandoah Battlefield Foundation. **FUND RAISERS:** We sold Raffle Tickets; we held a Coin Show on April 29, 30, May 1, 2011. Mark Craig Auction. **SIGHT SERVICES:** The Club bought a pair of glasses for a person who resides in Grottoes. **ENVIRONMENT:** On April 18, 2011 we did a Trash Pickup; 5 Lions worked a total of 20 hours. **COMMUNITY SERVICES:** Lion Mary Beth Schwab and Lion Chuck Schwab held classes for the "Sight and Hearing Mobil Screening Unit" on March 28, 2011. **INTERNATIONAL RELATIONS:** Registration for State Convention delegates were sent: the following delegates will represent the Weyers Cave Lions Club: PDG Lion Raymond Swadley, Lion Charles Phillips and alternate Lion Mary Propst. **OTHER:** PU-101; President-Sandra Morris, 412 Little Run Rd., Weyers Cave, VA 24486, Vice President-Mary Propst, 174 Wayside Dr., Weyers Cave, VA 24486. Secy. Charles Phillips, 6601 Cross Keys Rd., Mt. Crawford, Va 22841; Treas. Charles Smallwood, 3920 Rockfish Rd., Grottoes, VA 24441.

**WINCHESTER HOST (009263) (April) - PROGRAMS:** On 4-5-11 Dr. Douglas S. Denham spoke on Diabetes Mellitus---A Call to Attention in America. On April 12, 2011 Mike Guevrment, Exec. P.S. spoke on Safety. On April 19<sup>th</sup>, Congressman Frank Wolfe spoke about Congressional Business. **FUND RAISERS:** Brooms Sales on 4/11 netted \$414. On April 2, 2011 White Cane brought in \$408. **SIGHT SERVICES:** Donation of \$25 was made to Lions Sight Found. of VA. in memory of Lion Ty Headley. **HEARING SERVICES:** Lion President Celia Zuckerman and Lion Leo Schweiger arranged and/or participated in a Winchester Star article for " May is Better Hearing Month", on April 20, 2011. **Average Monthly Attendance:** 67%.

**WINCHESTER SHAWNEE (009264) (April) – PROGRAMS:** On April 6 Cindy Marzullo presented a program on the Laurel Center (Shelter for Abused Women) A donation for the Center was presented to the speaker. On April 20 a program was presented on the Boy Scouts of America. A donation was presented to the speaker for the Scouts. **SIGHT SERVICES:** Donations were made to SAHMSU for \$210, and to Old Dominion Eye Foundation for \$200. We provided 7 eye exams \$14; 13 pair of glasses \$675. **HEARING SERVICES:** Donation to the Lions of Virginia Hearing Foundation \$200. **YOUTH SERVICES:** Club donated \$600 to the Boy Scouts. **COMMUNITY SERVICES:** We gave \$1600 to C-CAP (food bank); \$500 to the Red Cross; \$500 to the Laurel Center; \$50 to the Apple Blossom Festival; and \$75to LCIF. **DIABETES AWARENESS AND EDUCATION:** Diabetes Awareness \$200. **Average Monthly Attendance:** 70 %.

**WOODROW WILSON LIONESS (065302)(April) – PROGRAMS:** Our guest speaker was Bruce Wagner of Wagner Hearing Aid Centers. Mr. Wagner spoke about the four main

causes of hearing loss - old age, lifetime exposure to noise, genetics and diabetes. In addition, Mr. Wagner explained the process one should go through if they suspect they may have a hearing problem and need a hearing aid. Only ten percent of people wear hearing aids while twenty-five percent of the people really need a hearing aid. **FUND RAISERS:** On April 15, 2011 we held a Bake sale at Belk that netted approximately \$90. On April 16, 2011 we held our White Cane Days at Kroger collecting approximately \$262. On April 16, 2011 we participated in Belk Charity Days but the actual funds raised are unknown at this time. **COMMUNITY SERVICES:** Lion Russ Kirby volunteered 20 hours of service at the Staunton Augusta Rescue Squad. **Average Monthly Attendance:** 74.

**WOODSTOCK (009265) (April) -** No report received by deadline.

**LOV Raffle Winners**

1st Place winner for \$10,000  
Dean Cauaros, Williamsburg, VA  
Seller of the winning ticket  
Susan Goldner of the Williamsburg Lions Club

2nd Place Winner for \$500  
Rusty Proctor, Mt. Jackson, VA  
Seller of the ticket  
Rusty Proctor of the Mt Jackson Lions Club

3rd Place Winner for \$500  
Florence Rose, Locust Grove, VA  
Seller of the ticket  
Florence Rose of the Lake Of the Woods Lions Club.

*Compliments of*  
**PDG Stapleton**  
**“Pete” Wills**

*Compliments of the*  
**WEYERS CAVE LIONS CLUB**

**Lion HORACE C. “Jim” JIMENEZ**  
*Ambassador of Good Will*  
**EDINBURG LIONS CLUB**  
***It’s Great to be a Lion!***

### Greetings 24C!

The weather is warming up..we all know what that means! Summertime is coming!! For some, pool parties, get-togethers with the families and/or friends and yes...BARBECUES!!

This article is going to concentrate on that very subject...barbecuing and cleaning the barbecue grill naturally.

The cleaning process differs slightly in what type of grill you own. But no matter what, you need to clean the grill each time you use it. Some prefer to let old food particles and grease remain on the grill and let them burn off. However, this will shorten the life of your grill. Having a clean grill makes your food taste better plus your grill will smoke less.

Tools made for cleaning the grill are a stiff wire brush with a scraper on the end. You'll also need rags and warm soapy water. Rinse the grill well after washing and let it dry.

On a charcoal grill, when you are finished grilling, before the ashes cool scrape the encrusted food from the grate with the wire brush and scraper. After the ashes and coals are cooled down enough, you can empty them from the bbq. Once a month give the bbq grill a thorough cleaning with baking soda or another non-abrasive cleaner.

If you own a gas grill, remember to disengage the gas before cleaning. Most, if not all gas grills have a "clean" knob which allows you to preheat the grill before cleaning which makes your job easier.


The heat loosens or burns off encrusted food and warms residual heat.

Once you have cleaned off the grate remove layers of lava rocks/briquettes and the metal plates. Clean all of the pieces with warm soapy water. Allow them to dry and replace in sequence.

Keeping a clean grill will provide you with many years of enjoyment and healthy gatherings.

So HAPPY GRILLING AND HAVE A SAFE AND HAPPY SUMMER ALL MY FRIENDS AND FELLOW LIONS!!!

Sheryl Grant  
 Weyers Cave Lions Club  
**Safety/Environmental/Photo Chairperson**  
**LOV District 24C**  
**4693 Eastside Hwy**  
**Grottoes, Va 24441**  
**(540 421-3397**  
 email; [sherylgrnt@yahoo.com](mailto:sherylgrnt@yahoo.com)



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**Pictures from the 2-11 State Convention**



**DG Ray with Micki**



**At the Bland Concert with a 24C participant**



**24C's Newest Kentucky Colonel**

REMOTE AREA MEDICAL  
Wise RAM Volunteer Registration Form  
Registration Deadline: July 1, 2011  
(Registrations may not be accepted after this date)

Date(s): July 22-24, 2011

Location: Wise, Virginia Country: USA Expedition #: 641

NAME: \_\_\_\_\_ PHONE (primary): \_\_\_\_\_

ADDRESS: \_\_\_\_\_ EMAIL: \_\_\_\_\_

PROFESSION: \_\_\_\_\_

Is it ok to contact you on Facebook: \_\_\_ Yes \_\_\_ No

E-Mail address registered with Facebook: \_\_\_\_\_

JOB ASSIGNMENT (CIRCLE ONE):

Medical: MD DO FNP PA Triage: RN LPN EMT Pharmacy: Pharmacist Certified Pharmacy Tech

Vision: Ophthalmologist Optician Optometrist Optical Tech Support OTHER: \_\_\_\_\_

Dental: Dentist Dental Hygienist Dental Assistant Dental Support OTHER: \_\_\_\_\_

Patient Registration Volunteer Registration Patient Escort Security Grounds Parking Other: \_\_\_\_\_

DATES/SHIFTS FOR WHICH YOU ARE VOLUNTEERING (Preference is given to volunteers who can work all day) Circle all that apply:

Thursday 7/21 Patient Registration at 2PM Yes \_\_\_\_\_

Friday, July 22: 6am - 12 noon 12 noon - 6pm Saturday, July 23: 6am - 12 noon 12 noon - 6pm Sunday, July 24: 6am - 12 noon

Volunteers are needed many days prior to RAM to mow, weed-eat, spruce up the Fairgrounds, and set-up for the event. Volunteers to assist with parking are needed early each morning of the event. Security personnel are needed throughout the event. General Volunteers are needed Thursday afternoon, Sunday afternoon, and Monday following RAM as well. Volunteers are needed for patient registration at the Wise County Health Department on Thursday, Friday, and Saturday during RAM, as well as during the following week to help with patient counts, verifying records, etc. If you are interested in any of the duties mentioned above, please indicate dates, times, and duties for which you are volunteering in the space below:

Compliance Statement

I hereby attest that my license/certificate is not restricted, suspended or revoked nor is any such action pending, pursuant to disciplinary proceedings in any jurisdiction. A COPY OF MY CURRENT STATE LICENSE OR CERTIFICATE AND DEA# (where applicable) IS ATTACHED HERETO. If functioning as a Nurse Practitioner or Physician's Assistant at RAM, the supervising physician of record must also be present.

Confidentiality Statement

I understand that while I am participating as a registered volunteer at the Remote Area Medical Clinic, it is mandatory that I maintain complete privacy and confidentiality of all patients. This pertains to all present and future digital, written and verbal communications referring to any Remote Area Medical Clinic patient. I also understand that unless I am obtaining information strictly for patient registration, I DO NOT ASK a patient any questions regarding medical insurance coverage, Medicaid, or Medicare. Further I agree not to photograph or record patients while at RAM. With my signature on the line below, I acknowledge that I have read, understand, and agree to adhere to this policy of confidentiality for the Remote Area Medical Clinic.

Release and Indemnification

I hereby release and indemnify Remote Area Medical, a non-profit organization, and all its respective officers, directors, agents, contractors, heirs, successors and assigns, from prosecution or presentation of any claim for bodily injury or death or for property loss or damage incurred in connection with this Remote Area Medical expedition or related activities.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
State(s) of Licensure(s)/Certification(s)

Remote Area Medical is a 501(c)(3) medical relief charity located at 1834 Beech Street, Knoxville, TN 37920, 865-579-1530

Medical/Licensed Health Professional Volunteers (doctors, nurses, therapists, pharmacists, etc): Please return form and copy of current license (if applicable) to: Gwen Gouge, The Health Wagon, P.O. Box 709, Clintwood VA 24228 or FAX to 276-926.2257. Questions may be directed to Gwen Gouge at (276) 926.2260 or e-mail: [gngouge@thehealthwagon.org](mailto:gngouge@thehealthwagon.org)

Non-Medical General Volunteers: Please return form to: Stacey O'Quinn, Mountain States Health Alliance, 32 6<sup>th</sup> Street, Bristol, TN 37620 or FAX to: 423-764-1172. Questions may be directed to Stacey O'Quinn at (423) 764-1137 or e-mail: [oquinnsm@msha.com](mailto:oquinnsm@msha.com)

## TIPS FOR RAM VOLUNTEERS

The Remote Area Medical Health Expedition (RAM) will take place at the Wise County Fairgrounds in Wise, Virginia on July 22-24 2011. The deadline for Volunteer Registration is July 1, 2011 (registrations may not be accepted after this date).

Questions may be directed to: The Health Wagon at (276) 926-2260. Medical Volunteers may contact Gwen Gouge at (276)926-2260, and Non-Medical General Volunteers may contact Stacey O'Quinn at (423)764-1137. If you are helping with pre- RAM and post- RAM duties (set-up, clean-up, etc.), please turn in those hours at the Volunteer Registration table during the event.

We look forward to working with you!

- A brief general orientation will be held at 6:00 PM on Thursday at the Wise County Fairgrounds. Smaller group orientation meetings will be held EARLY on Friday morning for each individual group (Medical, Dental, Vision, Patient Registration, Volunteer Registration, Patient Escort, etc.). All Volunteers are encouraged to attend at least one orientation meeting.
- You will need to bring proof of your professional licensure (M.D., D.O., DDS, R.N., N.P., P.A. etc.) if applicable. This should not apply if you have already pre-registered with us.
- Please wear your institutional I.D. badge.
- Due to the great desire on the part of many professionals to assist and the publicity that this event has received, the number of volunteers in all categories has increased greatly, for which we are most grateful. However, please be advised that if you have not pre-registered prior to the deadline noted, we cannot guarantee that we will have space to accommodate you working in your area of expertise; your services may still be useful and will be much appreciated as a general volunteer.
- Individuals registered as volunteers are not allowed to receive patient services until ALL patients have been seen, except in emergency situations. If you wish to receive patient services, you must register as a patient. We suggest that you do this first and volunteer after having received the patient services that you need. Dental and vision services generally are not available to volunteers registered as patients due to the large number of patients who register for these services.
- When arriving at the RAM site, parking attendant staff will direct you to the Volunteer Parking area. Proceed to the "Volunteer" registration table to check in. A bar coding system will be used to track Volunteer hours so it is very important that you register before going "on duty". Be sure to check out at the end of each day as well. Due to limited parking spaces, carpooling to the event is strongly encouraged.
- Bring your own diagnostic equipment (such as otoscope/ophthalmoscope, stethoscope, blood pressure cuff, etc) as they are only available in limited quantity. If you have a favorite instrument, please bring it with you. Basic supplies will be available (gloves, hand sanitizer, etc).
- If you have prescriptive authority, please bring your own tamper-proof prescription pads. You will not be allowed to prescribe any medications if you do not.
- All medications donated to the event are to be given over to the on-site pharmacy for dispensing to patients. No samples or other stock medication are to be kept at other locations.
- Food and cool drinks will be provided for all volunteers.
- Prepare for all kinds of weather. It may be cold in the morning and oftentimes it will be hot by the afternoon. Although there is shelter in many areas, rain is always a possibility so consider bringing rainwear as well. Casual attire is recommended (scrubs, shorts or jeans, tee shirts, tennis shoes).
- Remember to bring bug deterrent and sunscreen.

RAM IS A TOBACCO-FREE EVENT! NO PETS ALLOWED (SERVICE ANIMALS ONLY).